



# Preserving Spofford Lake through LakeSmart

Presented by:  
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We're are the voice for all of New Hampshire's 1,000 lakes.



What do we do?



In 2019, NH LAKES  
launched the LakeSmart  
Lake-Friendly Living  
Program.







## Pillars of LakeSmart:

- Trust
- Learning
- Progress
- Celebration







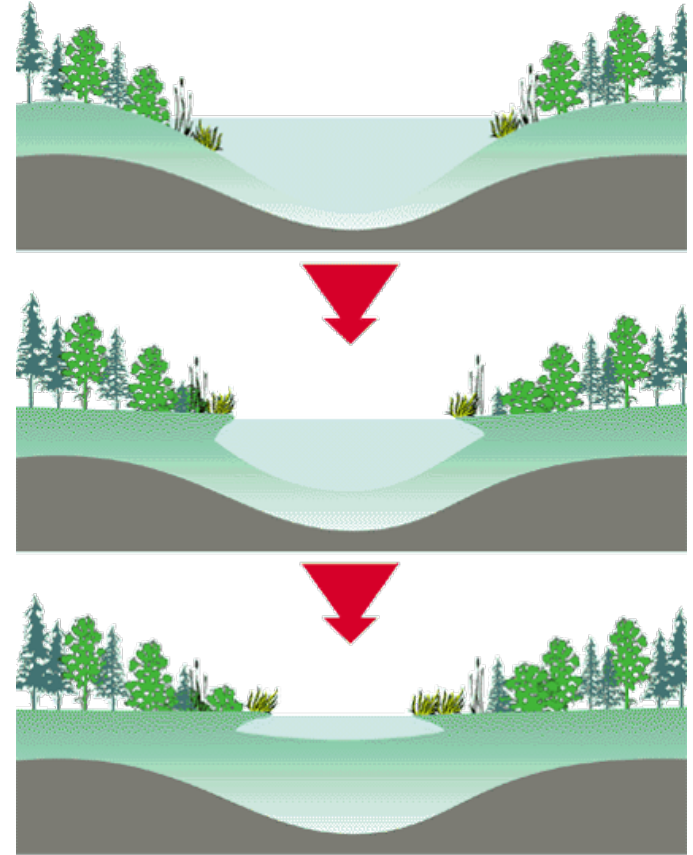
The goal isn't to get people in trouble...

...but to educate and equip property owners with the knowledge to make informed choices.



Lakes, like people, age over time.

They fill in with decayed plants, algae, and sediment.







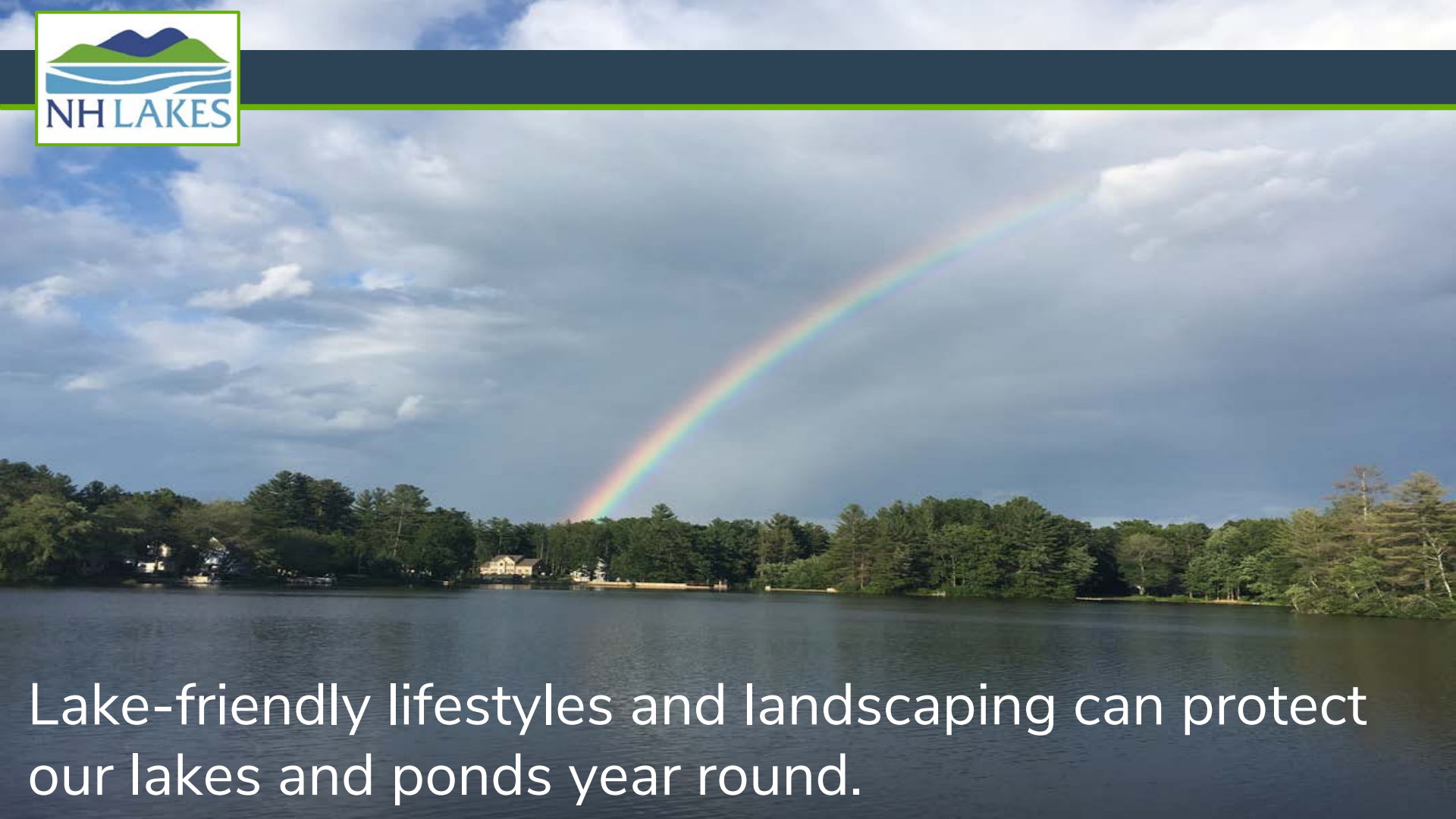


Changing land use, changing weather patterns...





...it is no wonder our lakes are suffering.

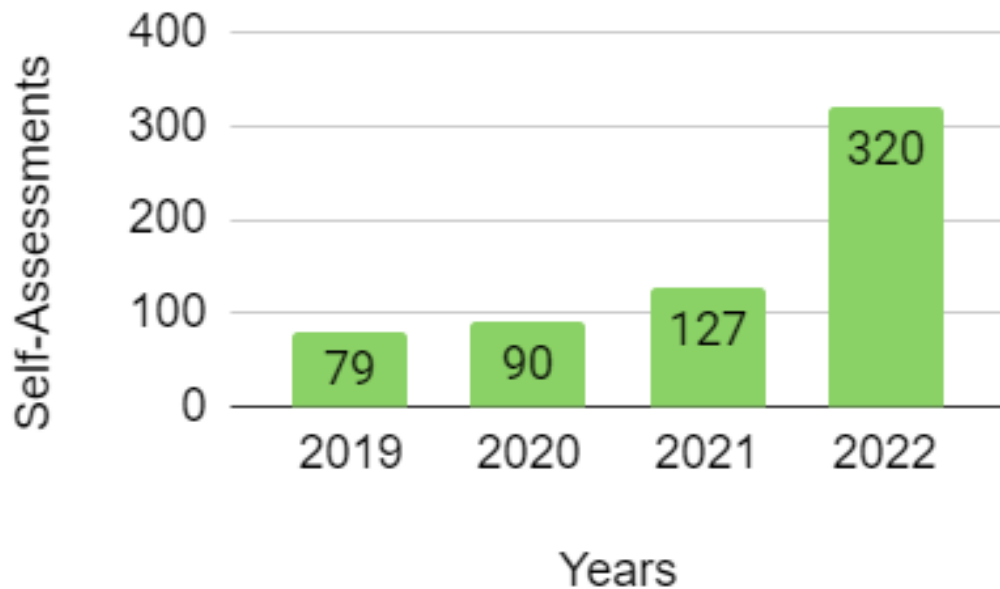


Lake-friendly lifestyles and landscaping can protect our lakes and ponds year round.





## Number of Self-Assessments, 2019-2022





LakeSmart rolls out  
slowly, one person at  
a time!



Protecting the Lake  
Through Lake-Friendly Living







Friends and neighbors join in!





Workshops, community outreach events, and more!





What can you do to minimize your contribution to lake aging?



## Think about how you treat your septic!

- What are you putting down your drains?
- Water usage?
- Maintenance and inspections?

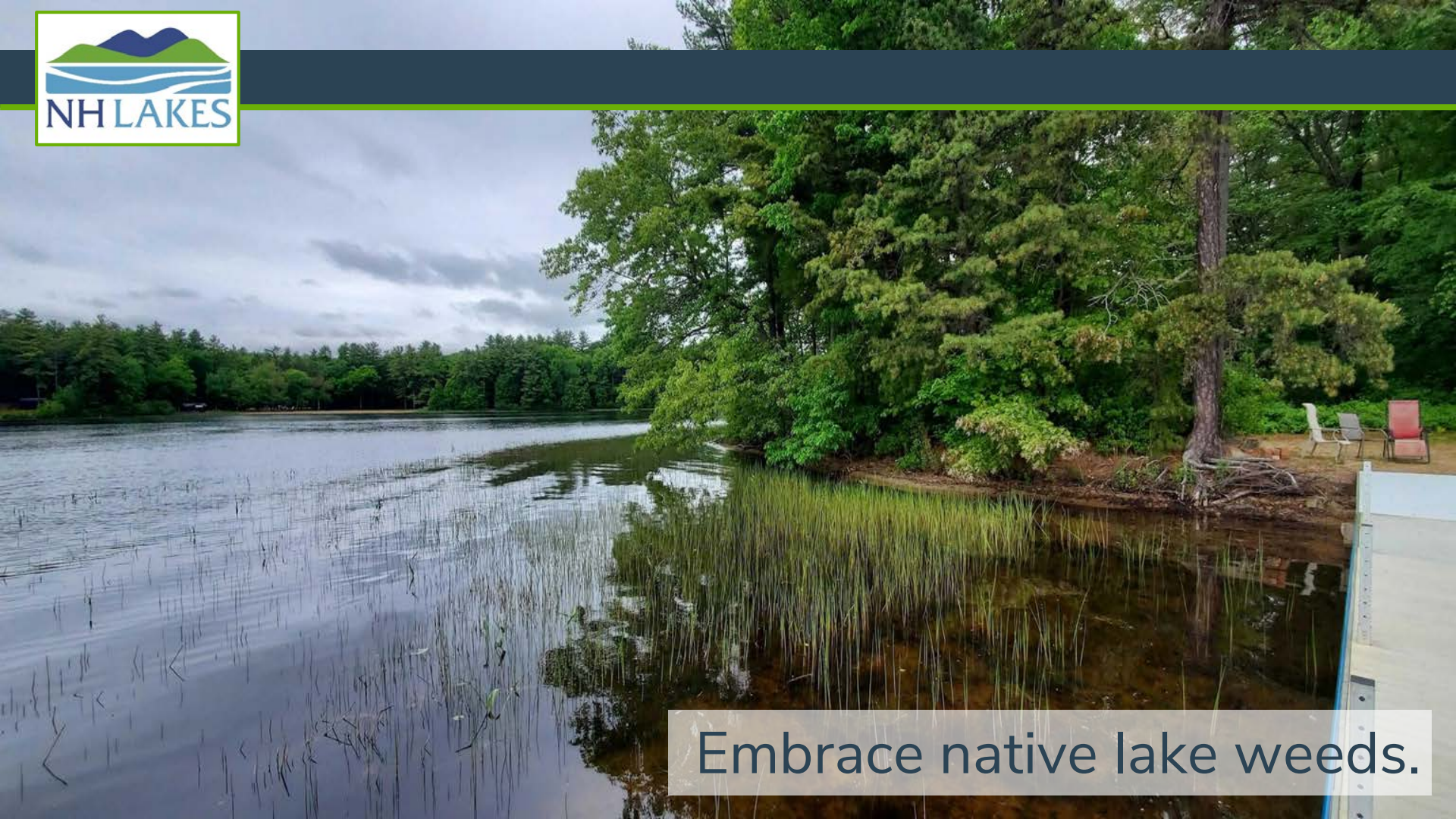




Consider an alternative pest control plan.



Treatments for mosquitos, ticks, etc. are toxic to aquatic organisms and travel into our lake through wind and rain.



Embrace native lake weeds.





Allow a sandy beach to rewild.



Embrace a natural lawn.







Dedicate a patch for a wildflower meadow.





Protect your shoreline with lots of plants!





Restore a portion of your shoreline.





Mulch over exposed soil and tree roots.





Retire the leaf blower.





Utilize boat storage.





Stabilize dripline areas.







Work with professionals who care about the lake.





Remember, your neighbors truly care about the lake and want to do their part to keep it clean and healthy.





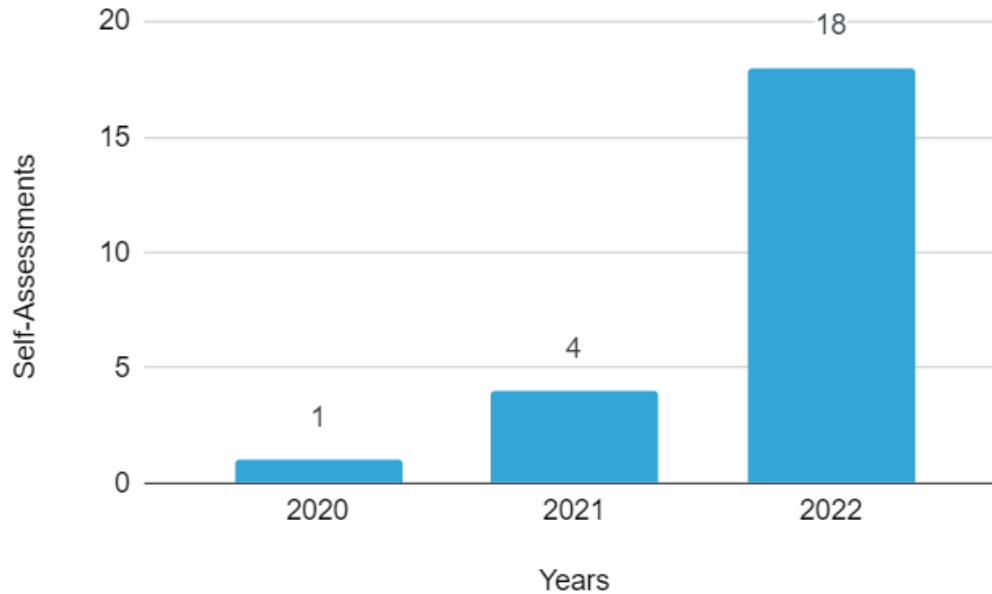
Yes, everyone!







## Spofford Lake – Self-Assessments





Received first LakeSmart  
award in 2021!







You can lead the way.



# Don't forget!

- LakeSmart is FREE
- Voluntary
- Non-regulatory

And, it's fun!



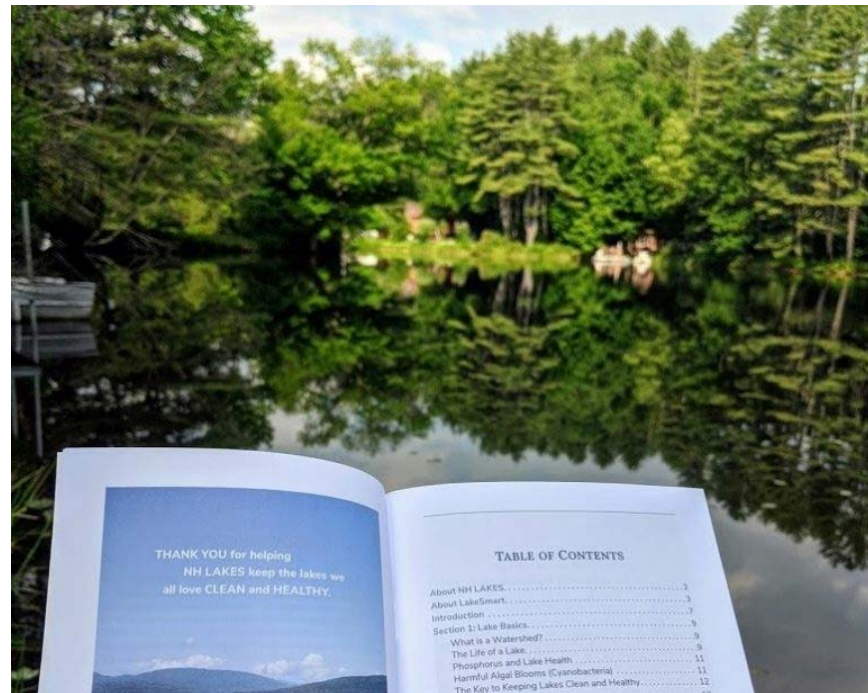




Take the first small step.

**Go to:**  
[lakesmart.nhlakes.org](http://lakesmart.nhlakes.org)

Read through your  
LakeSmart Start self-  
assessment report!





# Contact us

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**Get started at [lakesmart.nhlakes.org](https://lakesmart.nhlakes.org)**